



BENGAL FOOTBALL CAMP

AGES
9TH-12TH
GRADE

TIMES-PLACE
JULY 24TH-JULY 27TH
6:00-8:00 P.M.
HELENA HIGH
SCHOOL

COST
\$35.00

EQUIPMENT
SHORTS
SPORT SHOES
T-SHIRT(SUPPLIED)

STAFF:
HELENA HIGH FOOTBALL STAFF
COLLEGE PLAYERS
GUEST SPEAKERS

This camp will be a contact camp for sophs thru seniors. Frosh will be in t-shirt and shorts. It will teach the basic fundamentals of football. Tackling, blocking, kicking, throwing and catching will be taught in detail and at a level that will satisfy beginners as well as the more advanced players. The athletes will need to have a completed physical to compete in this camp.

NAME _____ **GRADE (FALL 17)** _____

T-SHIRT SIZE _____

PHONE # _____

*****MAKE CHECKS PAYABLE TO CAPITAL CITY FOOTBALL CAMP**

*****SEND TO: 1300 BILLINGS AVE, HELENA, MT 59601**

I give permission to my son/daughter to attend the 2017 BENGAL Football Camp. By giving this permission, I understand I am fully liable for any accidents that may occur during these five days. Helena School District or myself are by no means responsible for any injuries. Although this is a no contact camp, I understand that in all athletic activities there is a slight risk of injury.

Parent/guardian signature _____ Date _____