

SOPHOMORE PARENT NIGHT

YOU ARE ALMOST
HALFWAY THERE!!!!



IT'S A LONG ROAD
but it's worth it



HHS Counseling Department

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COUNSELING AND CAREER GUIDANCE

ELECTIVE COURSE OFFERINGS BY PERIOD 2020-21

WELCOME TO THE 2020-21 SCHOOL YEAR!

HHS Counseling and Career Department provides information and assistance with academic progress, course selection, careers, college searches, scholarships, financial aid, and other post-secondary opportunities. Individual guidance and classroom group instruction are provided to assist students in making educational and vocational/career plans. Additionally, our staff offers personal and social support to individuals and families. Students are assigned to counselors by last name.



[Click here](#) to connect with the Helena High School Counseling Department Facebook page.

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COUNSELING AND CAREER GUIDANCE

ACT, ADVANCED PLACEMENT, AND PSAT/NMSQT INFORMATION

CAREER AND COLLEGE LINKS

CARROLL COLLEGE EARLY ACCESS

COLLEGE APPLICATION WEEK



Important Takeaways

Helping your student register for Junior year

Graduation Requirements

College Admission

Dual Credit

College Entrance Exams



REGISTRATION FOR JUNIOR YEAR

Tuesday, February 16th (DLI and B Day students are expected to join via Teams meeting)-

- ✓ Registration Presentation in Biology classes -registration materials
- ✓ Credit Check for Graduation
- ✓ College Entrance Requirements

Monday, February 22nd-

- ✓ Registration Materials due for A day students (both hybrid and DLI)
- ✓ Parent Signature Required

Thursday, February 25th-

- ✓ Registration Materials due for B day students (both hybrid and DLI)
- ✓ Parent Signature Required



REGISTRATION NOTES

- Student's receive Registration Form (front & back) and Registration Guide
- Front of Registration Form important for Powerschool
- A parent/guardian must sign the form
- Students are required to be in 6 credit-bearing classes.
- Some courses have Pre-Reqs. – See Registration Guide
- Some courses require an Application – pick up in counseling center or download online



HIGH SCHOOL GRADUATION REQUIREMENTS



4 years of English	4 credits
1 year Social Studies (World cultures)	1 credit
1 year of American Government	1 credit
1 year of American History	1 credit
2 years of Science	2 credits
3 years of Math	3 credits
1.5 years of Human Performance	1.5 credits
.5 year of Health	0.5 credit
1 year of Fine Arts	1 credit
1 year of Vocational (CTE)	1 credit
<u>Electives</u>	<u>7 credits</u>
Total	23 credits



Graduation Progress

*Graduation Progress Report may be viewed in Powerschool on a desktop/laptop computer.

*Select “Class Registration” in the navigation bar

*View Graduation Progress

Requirement	Req	Completed	Current	Needed
English	4.00	1.50		2.50
English	4.00	English 1 <i>1.00</i> English 2 <i>0.50</i>	English 2	2.50
Social Studies	1.00	1.00		Completed
Social Studies	1.00	World Cultures <i>1.00</i>		Completed
Math	3.00	1.50		1.50
Math	3.00	Algebra I <i>1.00</i> Geometry <i>0.50</i>	Geometry	1.50
Science	2.00	1.50		0.50
Science	2.00	Earth Science <i>1.00</i> Biology 1 <i>0.50</i>	Biology 1	0.50
Physical Ed	1.50	1.50		Completed
Physical Ed	1.50	Soph HP PE <i>0.50</i> Frosh Weight Trn <i>1.00</i>		Completed
Health	0.50	0.00		0.50
Health	0.50		Health Enhancmt	0.50
Vocational Ed	1.00	0.50		0.50
Vocational Ed	1.00	Industrial Tech <i>0.50</i>		0.50
Fine Arts	1.00	0.00		1.00
Fine Arts	1.00			1.00
American Government	1.00	0.00		1.00
American Government	1.00			1.00
US History	1.00	0.00		1.00
US History	1.00			1.00
Elective	7.00	2.50		4.50
Elective	7.00	Spanish 1 <i>1.00</i> Spanish 2 <i>0.50</i> Geo Lab <i>0.50</i>	English 2 Geometry Biology 1	4.50



Planning for Graduation: My Four Year Plan

9 th Grade Freshman	10 th Grade Sophomore	11 th Grade Junior	12 th Grade Senior
English 1 credit	English 1 credit	English 1 credit	English 1 credit
World Cultures 1 credit		American History 1 credit	American Government 1 credit
Math 1 credit	Math 1 credit	Math 1 credit	(College Prep Math Requirement) __ credit
Earth Science 1 credit	Biology 1 credit	(College Prep Science Requirement) __ credit	 __ credit
H.P. (P.E.) 1 credit	H.P./Health 1 credit	 __ credit	 __ credit
 __ credit	 __ credit	 __ credit	 __ credit
 __ credit	 __ credit	 __ credit	 __ credit
Total 9 th Grade Credits: ____	Total 10 th Grade Credits: ____	Total 11 th Grade Credits ____	Total 12 th Grade Credits: ____

ADDITIONAL CREDIT REQUIREMENTS

- 7 Credits of Electives
- 1 Credit or Fine Arts (Music, Art, Drama, Photography)
- 1 Credit of Voc Ed. (Welding, Culinary, Business, Marketing, etc.)
- 2 Consecutive Years of a Foreign Language (for Out of State Admissions)

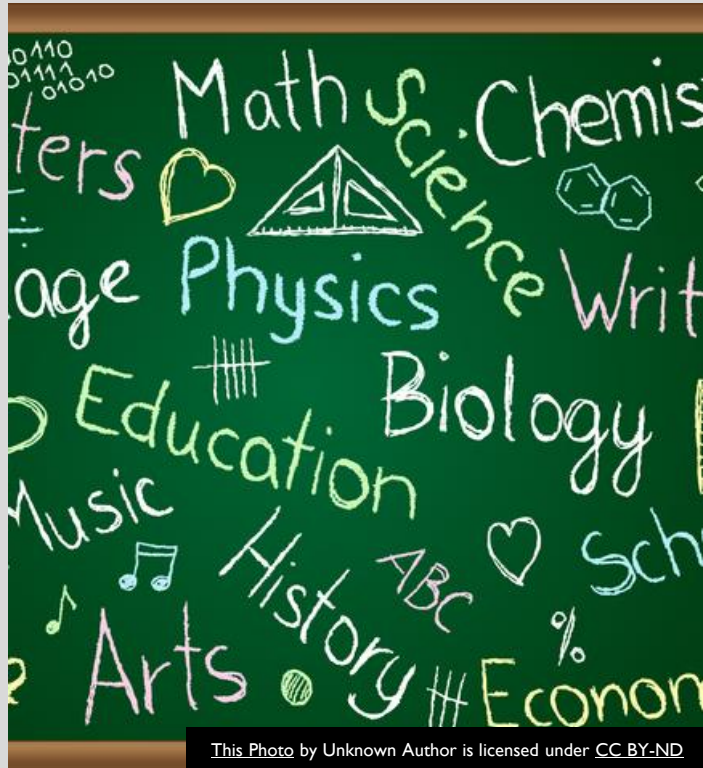
Your Total # of Credits: ____

23 Credits Needed to Graduate

4 YEAR PLAN



MUS ADMISSIONS STANDARDS (4-YEAR CAMPUSES IN MONTANA)



College Prep Curriculum:

- 4 years of English
- 3 years of Math
- 2 years of Lab Sciences
- 3 Years of Social Studies
- 2 Years of College-Prep Electives (foreign language, computer science, visual and performing arts, or vocational units)
- * Out of state schools will have different requirements

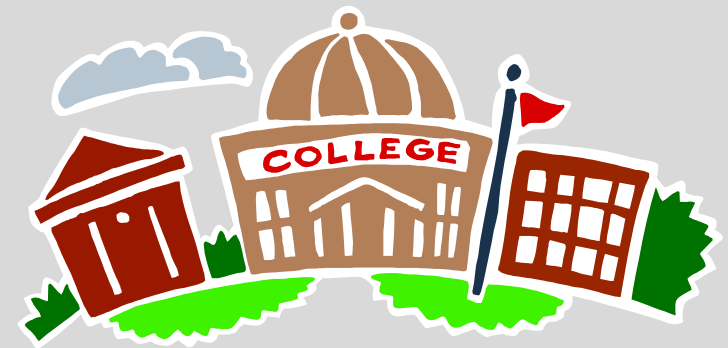


MUS ADMISSIONS STANDARDS

(4-YEAR CAMPUSES IN MONTANA)

Must meet one of the following:

- 2.50 GPA
- Rank in top ½ of class
- Test scores:
 - ACT 22 / SAT 1120 (*MSU-B, MSU, UM, Tech, UMW*)
 - ACT 20 / SAT 1050 (*MSU-N-Havre*)



2 Year Campuses & Programs:

- Must complete a high school diploma or the HiSET
- Must apply for admissions
- Certain courses still require placement scores (ACT or Accuplacer)



Academics and Athletics



NCAA and NAIA Opportunities:

- www.eligibilitycenter.org
- www.PlayNAIA.org

NCAA

NAIA

- Let your school counselor know if you are interested!
- Course requirements on page 5 (registration guide.)



GET A START ON COLLEGE WHILE STILL IN HIGH SCHOOL!



- Helena High has a superb variety of dual credit offerings! (see page 9 in the registration guide)
- Our Advanced Placement (AP) program continues to grow and enriches the student's choices.
- Completing Dual Credit and Advanced Placement courses really gives you a head start with post graduate plans.





PROS & CONS OF DUAL CREDIT

PROS

- Earn H.S. Credit and College Credit at the same time
- College level rigor
- Helps students find right career path
- Helps expedite college degree completion
- Cost effectiveness – about 1/3 of the cost, may help save thousands (1-2-Free Initiative, Early Access)
- Lowers remediation rates

CONS

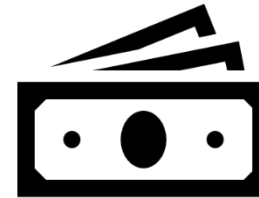
- Registration process – semesters don't match up
- Transferability of credits
- Rigor of courses
- Grades become permanent records on college transcripts



PAYING FOR COLLEGE CREDIT

Montana University System – 1-2-Free Initiative

- <https://mus.edu/news/RELEASE-College-Access-Program.pdf>
 - ❖ First two classes, up to 6 credits are free
 - ❖ Dual Credit at HS or on College Campus
 - ❖ Decision will be made this spring for the continuation of the program



Carroll College – Early Access Program

- <https://www.carroll.edu/apply/carroll-early-access>
 - ❖ Allows **Juniors** and **Seniors** in the Helena area to take up to two classes on the Carroll College campus per semester
 - ❖ Students must currently have a 3.25 GPA
 - ❖ Courses are not dual credit- only dual enrollment courses or college credit only
 - ❖ \$60 process fee – includes parking permit, activity pass, library fees
 - ❖ Students in extracurricular activities must be enrolled in 4 courses at home high school to maintain eligibility



COLLEGE
ENTRANCE
EXAMS:

WHAT DO
SOPHOMORES
NEED TO KNOW?



WHAT ARE COLLEGE ENTRANCE EXAMS?

Entrance exams are traditionally required by **4-year** colleges and universities

Entrance exams are also used for advising, course placement, scholarship programs, and to identify needs for remedial courses

ACT & SAT are college entrance exams that are **both accepted equally**:

- **ACT** (HSD tests all juniors in the Spring, recommend a retake in senior year)
- **SAT** (Students may register for and take this exam their junior and/or senior years)



WHAT IS THE PSAT?



PSAT (or Preliminary SAT) is recommended for all college-bound juniors. The PSAT is a great primer for the SAT and ACT.

- The exam is only given once a year in October
- The PSAT won't count towards your college admissions applications, but it is the qualifying test for the National Merit Scholarship

Why take the PSAT?

- To practice for the ACT and SAT
- To receive feedback on strengths/weaknesses on skills necessary for college
- To see how your performance compares with that of others
- To enter the competition for scholarships from National Merit Scholarship Corp (Juniors only)
- To become familiar with the kinds of questions you will see on an actual college entrance exam



PREPARE THROUGH COURSE SELECTION

Research has shown that taking certain courses in high school substantially increases students' readiness for college level work.

- Students with >3 years of science average an 18.2 ACT score
- Student who took earth science, biology and **chemistry** average an 21.3 ACT score

Your student is **strongly encouraged** to take a science class their junior year, and math all 4 years.

- AP, Honors level, and dual credit courses best prepare students for success on entrance exams and college-level work

Remember: A's in “easy” courses are not necessarily better than B's in more advanced courses in terms of their impact on ACT/SAT scores.



STAY CONNECTED!

Web Page- www.hhs.helenaschools.org

Facebook- Helena High School Counseling Department

Remind- text @helenahi to 81010



QUESTIONS?

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