

HELENA HIGH SCHOOL



A Commitment to Excellence

November 2023
<http://hhs.helenaschools.org/>
2023-2024 School Year



Greetings Helena High School Community –

HHS recently had several students awarded **National Recognition from College Board** under their “National Rural and Small Town Award (NRSTA). These students earned this recognition because of their academic achievements in school and outstanding performance on the PSAT and/or AP Exams. Congratulations goes out to Aine Cleary, Ashely Koenig, Avery Sanders, Brynn Woodmansey, Jackson Littrup, Jonathon Abel, Khalil Elias, Kylee Gardipee, Nolan Verrill, Ryan Maus, and Samuel Schiltz.

In some additional great news, several students received recognition from College Board based on their performance on their AP Assessments last year. The three categories include: **AP Scholar**= Scores of 3 or higher on 3 or more AP Exams; **AP Scholar with Honors**= Average score of 3.25 on all AP Exams taken and scores of 3 or higher on 4 or more AP Exams and **AP Scholar with Distinction**= Average Score of at least a 3.5 on all AP Exams taken, and scores of 3 or higher on 5 or more of these exams. HHS had 28 students meet the criteria for AP Scholar, 6 students met the criteria for AP Scholar with Honors and 15 students met the criteria for AP Scholar with Distinction. We are so proud of the performance of these high achieving students and their dedicated teachers.

A reminder that AP Registration for 2024 exams is taking place now through November 14th. If interested, please contact your child's teacher or counselor for more information.

Go Bengals!

Steve Thennis
Principal
Helena High School



Nov 5th—Daylight Savings Time Ends

Nov 6th —2nd Quarter Begins

Nov 9th—11th All Class State Volleyball (Bozeman)

Nov 18th or 19th-State Football Championship

Nov 20- Nov 22 —Girls Basketball tryouts

Nov 20 - Nov 22
Boys Basketball Tryouts

Nov 14th—Booster Club meeting-5:30-Library

Nov 22-23-24
Thanksgiving Holiday

Dec 1st—Winter Sports begin





If you're looking for Bengal gear and want to support our Bengal Booster Club, click here to see the online store. Swag makes great Christmas gifts! Order by November 15 to guarantee Christmas delivery.

<https://www.hhsbengalbooster.com/>



The next Booster Club meeting will be Monday November 13th at 5:30 pm in library. The Board needs at least one rep from each athletic sport and clubs.



American Welding Society

American Welding Society Club is collecting cell phones for Cell Phones for Soldiers Inc. We will be collecting phones from November 1, 2023 to January 31st, 2024.

You can drop all cell phones off at the Helena High School Main Office or the Welding Shop at 1300 Billings Ave. during school hours.

SENIOR "GOOD LUCK" ADVERTISEMENTS

HELENA HIGH VIGILANTE YEARBOOK

SUBMISSION DEADLINE: January 1st, 2023

Please keep this date in mind and begin making your "good luck" advertisement well in advance — you never know when technological difficulties will slow you down!

CREATING YOUR ADVERTISEMENT

Go to the Yearbook Order Center website, select Helena High, MT . Or, visit <https://www.yearbookordercenter.com/>. Our school order code is 7088. Select the size of advertisement you would like to create and begin the process of creating your advertisement! If you run into problems, please contact me (Ms. Walsh at mwalsh@helenaschools.org) and I will reach out to our representatives.

SENIOR ADS – SIZES AND PRICES

Full page	8.333 x 11.333	\$325
1/2 page	8.333 x 7.556	\$165
1/4 page	8.333 x 3.778	\$100
1/8 page	2.778 x 3.778	\$55

DON'T FORGET TO PURCHASE A YEARBOOK!

Yearbooks cost \$75 until February 1st.

After that date, the cost will be \$85 for the rest of the year.

Attention Helena High Families

<http://angelfundhelena.org>



Angel Fund applications are NOW AVAILABLE in the Counseling Office from October 3rd through November 30th.

If your student has satisfactory attendance and qualifies for Free/Reduced lunch, he/she will be eligible to receive \$200.00 to spend on clothing, and/or shoes, at one of our local partner stores.

Please come to the Counseling Office at Helena High School to request an application. Once the application is completed and signed, you will be notified that you can begin shopping at one of our local partner stores. At Helena High, the student is asked to do a thank you note to the Angel Fund board for the gift of clothes.

Helena High Girls and Boys Basketball Tryout Schedules

2023 GIRLS BASKETBALL TRYOUTS

BEN DUDEK

Head Coach

☎ 324-2787 / 585-771-7401

✉ bdudek@helenaschools.org

November 20 – 22, 2023

Monday 3:30 – 5:30p

Tuesday 3:30 – 5:30p

Wednesday 12:00 – 2:00p

*Level placement meetings will happen directly after tryouts on November 22nd.

*There will be a 'dead period' between November 23rd – 26th after tryouts. Official team practices will begin on Monday, Nov 27th.

2023 BOYS BASKETBALL TRYOUTS

BRANDON DAY

Head Coach

☎ 324-2280

✉ bdlay@helenaschools.org

November 20 – 22, 2023

November 20

Freshman @ Bryant 3:45p-5:45

So-Senior @ HHS 5:45p-7:45

November 21

Freshman @ Bryant 3:45p-5:45

So-Senior @ HHS 5:45p-7:45

November 22

Freshman @ Bryant 8a-9-cuts after

So-Senior @ HHS 10a-11-cuts after





It's time to start planning for the 2024 Senior All Night Party (SANP).

We held our first meeting on Wednesday October 25th, 2023. The group went over committees and volunteer opportunities.

This is a HUGE event for our Seniors and our goal is to keep them safe while having a GREAT time! It is humbling to watch our community come together to create this event.

The Helena SANP is organized entirely by volunteer parents. For privacy reasons, the schools are not able to share contact information of senior parents so one of the biggest challenges is getting the word out. If you know a senior or junior parent who would be interested in helping or just staying informed, please share the information below.

If you want to stay updated and/or be involved with the planning process, please complete this form: <https://forms.gle/Qbf915yZZR3wECer7>

Website: <https://www.helenasanp.com/>

Link Tree: <https://linktr.ee/helenasanp>

IG: <https://www.instagram.com/2024helenagradparty/>

FB: <https://www.facebook.com/profile.php?id=100068516196715>

The SANP is a tobacco-free, alcohol-free, and drug-free event that is open to ALL graduating seniors in Helena, East Helena, Boulder, and Townsend! This includes students of ACCESS, PAL, Helena Christian Academy, St. Andrews, Jefferson High, Townsend High, Helena High, Capital High, East Helena High, and those home-schooled.

HHS STUDENT COUNCIL

THANKS

11th Annual

FOOD DRIVE

GIVING

We would love your help in providing
Thanksgiving meals to families in need

We Are Collecting The Following Items:

Instant Potatoes & Gravy
Canned Corn or Green Beans
Stuffing
Cranberry Sauce
Pie Crust Mixes
Canned Pumpkin
Canned Yams
Fruit Pie Filling
Evaporated Milk
Canned Fruit
Vans Gift Cards (for turkey
purchase)

Cash or Checks made out to
Helena Food Share
Granola Bars
Cereal or Oatmeal
Macaroni & Cheese
Individual Fruit Cups
Spaghetti Sauce
Tomato Sauce
Pasta
or
Anything you would like to donate to
help feed those in need!!

Items Will Be Collected

NOVEMBER

6-10

Thank you for your generosity!

Drop Off Location

HHS 3rd period class
All food collected will go to
HHS DECA for
Thanksgiving Baskets
and
Helena Food Share

**THE CLASS DONATING THE MOST
FOOD WILL GET BREAKFAST!!**

Holiday Baskets/Bins 2023

The HHS Student Council is continuing Helena High's tradition of collecting and donating food bins for the families of HHS students in need over winter break. In the past, baskets have been donated by departments, teams, clubs, classes, individual staff members and others.

We ask that bins contain a full Christmas holiday meal for a family (*see essential items*) in addition to items that families can eat throughout the break (*see strongly suggested items*), since our students lose their school provided breakfasts and lunches that they receive when school is in session. Please see the lists below for suggested items:

ITEMS TO INCLUDE IN HOLIDAY BINS	
<u>ESSENTIAL ITEMS</u>	<u>STRONGLY SUGGESTED</u>
IN ADDITION TO ESSENTIAL ITEMS	
<i>Please no perishable, refrigerated or frozen items</i>	
<input type="checkbox"/> Van's Thriftway "Punches" cards* (they can NOT be used for tobacco or alcohol) around \$25-\$30	<input type="checkbox"/> Peanut Butter
<input type="checkbox"/> Boxed or Instant Mashed Potatoes (please no bags of fresh potatoes as they spoil quickly)	<input type="checkbox"/> Jelly or Jam
<input type="checkbox"/> Stuffing	<input type="checkbox"/> Tuna Fish
<input type="checkbox"/> Gravy Mix (2-3 packets preferred)	<input type="checkbox"/> Cereal
<input type="checkbox"/> Rolls or biscuit mix	<input type="checkbox"/> Canned raviolis/pastas
<input type="checkbox"/> Canned fruit and/or Cranberries	<input type="checkbox"/> Granola Bars/Cereal Bars
<input type="checkbox"/> Canned vegetables	<input type="checkbox"/> Soups (NO ramen please)
<input type="checkbox"/> Canned Yams	<input type="checkbox"/> Chili
<input type="checkbox"/> Dessert Mixes	<input type="checkbox"/> Pasta with sauce
<input type="checkbox"/> Something fun (puzzles, games, or movie passes, craft project)	<input type="checkbox"/> Snacks
<input type="checkbox"/> Anything else you think may be useful	<input type="checkbox"/> Anything else you think may be useful
* For purchase of a Turkey or Ham	

Please place donations in large Tupperware type bins, rather than cardboard boxes or wicker baskets

If you would like to participate in the Holiday Baskets/Bins this year, please email (chall@helenaschools.org) or return the bottom of this form to Corena VanDaele, in Counseling by **Monday, November 27th**, so we know how many to expect!

Please bring the completed Holiday Bin to Corena in the Counseling Office, by **Friday December 15th**.

Thank you for your generosity!

HHS Student Council

Return to Corena VanDaele in Counseling

Cut here!

Name of Group/Individual: _____ Number of Baskets: _____

Contact Person: _____ Contact phone or email: _____

Are you looking for a Montana Made gift? We have the answer for you!

**Helena High School American Welding Society Club
has made metal ornaments in time for the holiday season.**

**The club does a lot of community service projects,
and all the sales of the ornaments will help fund these projects.**

**Each Snowflake is
\$7.00**

**To order and pay for the ornament, please follow the directions below. <https://helenaschools.revtrak.net/>
Click on "Helena High School", Click on "Clubs", Select "Helena HS Welding Ornaments", Click "Add to Cart.**

Adjust the quantity you wish to purchase- then Check Out.

If you haven't used Revtrak before, you will be asked to create an account.

Thank you for supporting our club and supplies are limited so we will only be making 500 ornaments.



This year's color is a color shift purple sunrise to blue. This picture doesn't give the color justice.

SLIPS, TRIPS AND FALLS REMINDER BULLETIN

HELENA SCHOOL DISTRICT

Plan ahead and give yourself sufficient time.

When walking on steps always use the hand railings and plant your feet firmly on each step.

When walking on an icy or snow-covered walkway, take short steps and walk at a slower pace so you can react quickly to a change in traction.

Bending your knees a little and taking slower and shorter steps increases traction and can greatly reduce your chances of falling. It also helps to stop occasionally to break momentum.

Streets and sidewalks that have been cleared of snow and ice should still be approached with caution.

Look out for "black ice." Dew, fog or water vapor can freeze on cold surfaces and form an extra-thin, nearly invisible layer of ice that can look like a wet spot on the pavement. It often shows up early in the morning or in areas that are shaded from the sun.

Carrying heavy items can challenge your sense of balance. Try not to carry too much--you need to leave your hands and arms free to better balance yourself.



Be prepared to fall and try to avoid using your arms to break your fall. If you fall backward, make a conscious effort to tuck your chin so your head doesn't strike the ground with a full force.

When entering a building, remove as much snow and water from your boots as you can. Take notice that floors and stairs may be wet and slippery--walk carefully.

Use special care when entering and exiting vehicles--use the vehicle for support.

Never underestimate the importance of reporting a near miss! A near miss is an unplanned event that did not result in injury or property damage but HAD the potential to be a significant accident. By reporting near misses, we can correct hazardous situations before an incident occurs.

November

COUNSELING NEWS

HELPING YOU HELP YOUR CHILD FIND SUCCESS



National Recognition from College Board

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Congratulations to Aine Cleary, Ashely Koenig, Avery Sanders, Brynn Woodmansey, Jackson Littrup, Jonathon Abel, Khalil Elias, Kylee Gardipee, Nolan Verrill, Ryan Maus, and Samuel Schiltz.

AP Scholar With Distinction

- ANDERSON; BRYN
- BISHOP; WILLA
- CLEARY; AINE
- NEHRING; ANNIKA
- SCHILTZ; SAMUEL



AP Scholar With Honor

- ACKERMAN; LYL A
- GARDIPEE; KYLEE

AP Scholar

- BENSON; NICHOLAS
- ELIAS; KHALIL
- FANG; NATHANIEL
- GROSSMAN; RYAN
- HARMON; CLARA
- HINDERMAN; SOFIA
- KOENIG; ASHLEY
- LITTRUP; JACKSON
- MCANALLY; EMILY
- MOSER; KAI
- RASMANN; IAN
- SANDERS; AVERY
- SCOLES; HADLEY
- WOODMANSEY; BRYNN N

AP SCHOLAR= SCORES OF 3 OR HIGHER ON 3 OR MORE AP EXAMS.

AP SCHOLAR WITH HONORS= AVERAGE SCORE OF 3.25 ON ALL AP EXAMS TAKEN AND SCORES OF 3 OR HIGHER ON 4 OR MORE AP EXAMS.

AP SCHOLAR WITH DISTINCTION= AVERAGE SCORE OF AT LEAST A 3.5 ON ALL AP EXAMS TAKEN, AND SCORES OF 3 OR HIGHER ON 5 OR MORE OF THESE EXAMS.

FOOD PANTRY



The Counseling Department has a food pantry for students to pick up a snack or lunch during the school day. In addition, we have weekend bags available to pick up on Friday's!

If you would like to donate to our Food Pantry please visit Revtrek on our website to help support our students in need!



Free and Reduced Lunch

If you need assistance paying for your child's meal costs, the Free & Reduced Lunch program is available to help. In addition to meals, participation in the Free & Reduced Lunch program helps the district identify students who may benefit from additional assistance with school expenses including:

- School supplies and clothing
- Sports and activities fees
- Instrument rentals
- Field trip fees
- Fees for academic tests such as the Advanced Placement exam



FAFSA Night- Carroll College

Mon, October 23-5:30-7:30

<https://admission.carroll.edu/register/FAFSA10232023>

Wed, November 1-5:30-7:30

<https://admission.carroll.edu/register/FAFSA11012023>

It's time to be working on scholarship applications!

If you're not going to a 4-year school or don't have a very high GPA, don't worry.

There are lots of opportunities still available to you. Make sure to read the details of the scholarships listed on the HHS page to see what will be a good fit for you!

bit.ly/scholarshipshs

OTHER IMPORTANT DATES

Thanksgiving Break—November 22nd—25th



Helena
Public Schools
A great place to learn

NOW HIRING!

Para Educators
Substitute Teachers
Custodial Staff



www.helenaschools.org



Positive Impact
Personal Growth
Community Pride

HR Recruitment Page Link: <https://helenaschools.org/departments/human-resources/join-our-team/>

The **Welding OSHA 10** required class again this year for all Welding II, III, and IV students. There is no cost for this class. This is not a certification but when finished with the class the student will have OSHA 10 card. This puts our students a head in employment opportunities. Some of our students currently hold cards and do not have to take the class. They will attend their normal class schedule.



For the students who do not have their cards they will be required to attend two full days of OSHA 10 class. They will be excused from their other classes to attend this class, and this will be a school-related absence. We want you to be aware of the schedule and the requirements for this class. Our class is scheduled for **November 14th and 15th from 8:20-2:20.**

If you have any questions, please contact Cindy Galbavy at 324-2180 or cgalbavy@helenaschools.org

School Leadership Team Update

At Helena High, we use data to guide our efforts in ensuring the success of every student. Each month, we'll share a snapshot of the data we work with to keep you informed about our focus.

Our teachers are in high gear now that October is behind us. As a School Leadership Team (SLT), we have been gathering data on engagement strategies used by our teachers to keep students focused and active in class. We all know it takes some clever methods to keep teenagers engaged for an entire class!

One of these methods is artificial intelligence (AI), which was the focus of our recent "Grab-n-Go" Professional Development. Teachers grabbed a treat and scanned a code for an article on using AI tools in the classroom.



Sinead Bovell, a UN speaker and futurist, has been exploring AI's impact on education. You can find her insights by scanning the QR code for her YouTube channel.

SCAN ME

Should you have questions about HHS data or goals for the year, please reach out to Mr. Thennis or Mrs. Meghan Schulte. For inquiries regarding district data and assessments, contact Mrs. Kaitlyn Hess.

Thank you for supporting your student's journey to become the best Bengal they can be!