November 2024

November 1, 2024 – see below

November 8, 2024

November 15, 2024

November 22, 2024

Bengal Happenings

Bell Schedules

Follow us – Facebook (Helena High School) and Instagram (helenahighschoolbengals)
Attendance – hheatendance@helenaschools.org - (406) 324-2211 • Main Office - (406) 324-2200

Versión en español (Word) (PDF) Swahili Version (Neno) (PDF)

Reminder – Helena School District Activity Passes do not work for entry into post season events. Tickets for Friday's football game vs CMR (11/1) can be purchased through Go Fan, or at the gate. All adult tickets are \$10, students are \$8. As this is a post season event, the pricing and guidelines are set by the Montana High School Association. Good luck tonight, Bengals!

Fall Back this Weekend!

Don't forget to set your clocks back 1 hour on Sunday! Enjoy the extra hour!



Congratulations to our Cross Country Teams!

Congratulations to our Boys Cross Country team who ran to a 2nd place finish at the State Cross Country Meet last weekend. This win was highlighted by three All-State finishers – Milo Kaufman in 4th place, Henry Sund in 5th place, and Elliot Stimpson in 10th place. Our girls team also had a great meet, placing 5th as a team, just one point shy of overcoming Glacier in 4th place. Isabel Ward was one spot shy of earning All-State honors, finishing in 16th place in the girl's race. Congratulations on a great season to all our runners!



A Message on Grief and Supports Available

On Thursday, a message was sent home to parents with information on resources available to our students and staff next week. In this note home, we also highlighted some of the resources we continue to have available throughout the year for students and families to access. As a reminder of those resources highlighted in that message:

- Helena Indian Alliance Outpatient Therapy through a great partnership with the Helena Indian Alliance, we have two School-based Outpatient Therapists that can take on clients and meet with them during the school day. Packets with information on the resources provided can be obtained from our school counselors, the main office, or by contacting Marty Verrill at myerrill@hia-mt.org.
- Counseling staff we are lucky to have an incredible counseling staff at our school. While they are not to become a student or families' therapist, they do provide acute counseling services as needed. These amazing women can have a great conversation with students and families and discuss possible next steps with the family if requested.
- Montana Cares App We highly encourage students and families to download this app. This app allows you to do a couple of things. First, it allows for reporting of school safety or student safety potential issues (threats, inappropriate use of the bathrooms, etc.) and alert administration that these things are happening. These reports can be anonymous or include your name if you choose. Additionally, this app connects you in real time to the crisis support line or other resources that may be beneficial to you. The app, Montana Cares, can be downloaded in any app store. A brief video explaining the app can be found here
 - https://www.canva.com/design/DAGB3Ph0x3U/dALrGi5nNLBUyX-9tp1kiQ/watch
- Teaching/Educational Staff We have an incredible teaching staff that cares deeply for our students. Many times, our teachers can be the first line of defense for students, especially as they work to create lasting positive relationships with them. Students are encouraged to use these positive connections to let an adult know if something is going on, or as a starting point to be connected to someone else who can provide higher levels of support to them.
- SRO Officer Ransom continues to be a great resource for our students as well. He can also be someone that students can go to, and he will happily help connect them with the right people at the school that can help them with the next steps.

Special Olympics State Basketball Tournament

We are excited to once again play host to the Special Olympics State Basketball Tournament at HHS on November 8 and 9. This event brings in many teams from around the state with students with intellectual disabilities and their unified teammates. It is always great to see our students participating by keeping score, officiating, and being fans in the stands to cheer these awesome athletes on. Competition on Friday starts at 9:00 a.m. If you have a moment to stop by and cheer on these athletes, we encourage you to do so! If you are interested in volunteering, there are still many spots available – volunteer opportunities can be found here - https://www.somt.org/volunteer/games-volunteers/

Schedule Updates

More will be relayed to you next week, but for planning purposes, the following days will have an alternate schedule in November:

- Thursday, November 14 Assessment Schedule for Native American Immersion Activities
- Friday, November 15 Assembly Schedule for Pow Wow Demonstration Day with Bryant Elementary
- Friday, November 22 Altered Schedule for Shakespeare in the Schools All students will attend the showing of *A Midsummer's Night's Dream*. This will take place in the morning with 31–33-minute class periods following the show. The finalized bell schedule will be shared out next week.

Upcoming Bengal Activities

11/1 - FB vs CMR – 1st Round of Playoffs – 7 pm @ Vigilante Stadium 11/8-9 – Special Olympics State Basketball Tournament @ HHS 11/14-16 – VB @ State – MSU Bozeman – First game – 11/14 2:00 p.m.

Upcoming Dates - <u>Complete Year at a Glance</u> (This document will be updated as dates are changed)

November 2024

- 13 FAFSA Night 5:15-7 pm, Black Lab in the Library
- 14 Indian Education for All Immersion Day Assessment Schedule
- 15 Rock Your Mocks Day Assembly Schedule, Pow Wow Demonstration
- 21 First Day Basketball, Cheer, Dance, Swimming, Wrestling
- 22 Shakespeare in the School AM Performance
- 27-29 No School, Thanksgiving Break

From Last Week

End of the Quarter

As we find ourselves closing out the first quarter this coming week, there have been some amazing learning opportunities for students so far this year. Teachers will be finalizing grades through next week. Once grades are stored, our amazing registrar, Mrs. Neary, will be finalizing the storing of grades on her end and preparing report cards to be sent out. Report Cards will be emailed home to parents on Monday, November 11.

If you have questions on your child's grades, please talk about the grade with your child first, then reach out to their teacher to help with any clarification needed. We look forward to continuing to build these partnerships, while helping your students grow at the same time.

What's Happening in Class?

This week we check in on the following classes:

Fine Arts
Special Services
CTE (Career and Technical Education)
World Languages

Through great partnerships within the Helena Community, we are fortunate to have quality School Based Outpatient Therapists (SBOT) in our school. Our SBOTs, Marty Verrill and Sam Martin, who just recently joined our staff, are able to provide quality services for our students and school. If you are interested in hearing more about the therapy opportunities available, please contact your child's counselor or administrator, or reach out to Marty at mverrill@hia-mt.org

Counseling Center News from Last Week

- 11/01 Reach Higher Sticker Scholarship Opens.
- 11/13 FSA ID Night- Library 5:30-7PM- Pizza is provided.
- 11/15 AP Exam fee Payment is DUE
- * After November 15th, a late fee of \$40 will be added to any exam registrations. Questions about AP registration/fee payment, contact Ms. Staldine at estaldine@helenaschools.org.
- 11/18 Montana State University College Visit 1:15-1:45- Counseling office 12/01 MUS Honors Scholarship Opens

Carroll College is offering a Pell Promise scholarship for Montana residents who will be first-time, in-state freshmen enrolling for Fall 2025. To qualify, students must complete the FAFSA and be eligible for a federal Pell Grant. Additionally, they are required to accept the maximum subsidized Stafford Loan as part of their financial aid package. Recipients must maintain a cumulative GPA of 3.0 or higher and enroll in at least 12 credits per semester. The scholarship covers tuition, with funding provided through a combination of federal aid, Carroll College merit aid, and need-based gift aid. External scholarships can also be applied toward room and board expenses. For more details, please contact Carroll College's Financial Aid Office.

Subs, Custodians, Paraeducators Needed

<u>APPLY NOW!</u> <u>https://helenaschools.org/departments/human-resources/join-our-team/</u>

