



Helena Girls Basketball Camp 2025

June 16 – 19

9th & 10th

8:00 – 11:00a

@ HHS

\$85

Introduces new players & reinforces to returning players the core principles of the Helena High girl's basketball program. The camp focuses on core skill development, program offensive & defensive drills, and teaches how our program plays basketball on both sides of the ball.

6th – 8th

11:30 – 2:30p

@ HHS

\$85

The middle school camp strongly focuses on skill development in the areas of Shooting Fundamentals, Ball Handling w/ change of direction, footwork, quickness, agility, finish, passing accuracy, and more. In addition, players will learn game play fundamentals including off ball movement, screening & reading screens, 1on1 moves & contact finishing, and on/off ball defense.

3rd – 5th

4:00 – 6:00p

@ HHS

\$70

The elementary camp introduces players to the shooting, ball handling, passing, and game play fundamentals. Skills are refined in both drill and fun game settings.

Registration

Campers Name: _____

Grade in Fall 2025: _____

Emergency Contact Phone: _____

Email _____ Shirt Size: YS YM YL S M L XL (circle one)

The undersigned parent / guardian of a participant in the Helena Girl's Basketball Camp acknowledges that there are certain dangers inherent in any athletic activity and that bodily injury could occur while playing basketball at camp. The undersigned agrees that the undersigned's child listed above will hold the Helena Girl's Basketball Camp, it's directors and staff free from any and all liability for any and all accidents or injuries occurring of the participant as a result of participation in the camp, and hereby release the Helena Girl's Basketball Camp, directors and staff from any and all such liability. Parent/Guardian _____ Date: _____

Medical Insurance _____ Policy No. _____

Emergency Contact _____ Phone _____

Send registration form and checks payable to:

Ben Dudek

665 Stadler Rd

Helena, MT 59602

- You may also reserve your spot by emailing Coach Dudek (bdudek@helenaschools.org).

Email at bdudek@helenaschools.org for more information or questions

Venmo
@ Ben-Dudek-4



venmo